

# HARRY KNIGHT

## RUNNER - FULL LICENSE 25+

Bristol / London / Cardiff

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### PROFILE

I began a career in TV a little later than others but because of this, bring a wide range of experience and skills that have been transferrable. Working with (non-broadcast) clients as a freelance videographer and in fast paced tech startups in the U.K and Canada, have given me both technical know how to work with camera departments and relatability to work with talent. Film & TV have been passions of mine since High School and I've always thrived in teams. I'm working towards a career in documentary, self-shooter/DP

### SKILLS

- People person who can make others feel included and comfortable.
- Mental Health First Aider
- Happy in a professional environment.
- In my zone when having to use my intuition and make calls under pressure.
- Can drive larger vehicles.
- Open minded and a curious learner.

### TECH SKILLS

- Premiere Pro (intermediate to advance).
- Google Drive & Office
- Beginner FS7, FS5, Venice
- Advance A7Sii
- Fast learner of technology

### WORK EXPERIENCE (BROADCAST)

#### **Twofour / Beat the Chef**

Jan - Feb 2020

Talent Runner

Responsible to ensure the Beat the Chef 'Food Jury' are comfortable in their green room all day; keeping them caffeinated, happy and entertained. It was also essential for the production that the Jury don't meet other contributors at any time, so I communicate with the rest of the studio team to coordinate movements studio.

#### **Twofour / Hairy Bikers Chocolate Challenge**

November 2019

Studio Runner

Assisting across departments including production, crew, home ecs and talent. Tasks ranged from running rushes, arranging crew meals, loading/unloading and setting up equipment (tripods, lights, set), driving gear and crew and managing release forms. [Watch here.](#)

#### **True North Productions / Lost at Sea**

October 2019

Camera Runner

Helping the camera operator to set up and pack down equipment, change lenses (sigma primes) and batteries as well as shooting some GVs on both the FS7i and Venice. 3 dates across October. [Watch here.](#)

#### **True North Productions / Devon & Cornwall (S2)**

Aug - Oct 2019

Runner

Working with a self-shooting Producer/Director I was assisting with camera equipment, carrying gear, changing lenses and also ensuring release forms were signed by contributors. [Find out more.](#)

#### **Glade Stage / Glastonbury Festival 2019 (non broadcast)**

June 2019

Camera Operator

Working in a small team covering live video feeds during the 2019 festival. Filming on stage both handheld and on sticks as well as supporting with vision mixing. Shot on A7Sii rigged with Blackmagic HDMI - SDI converters.

*This CV may be kept on file and distributed for employment purposes*

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## CONTINUED

Alongside my TV work I work as a videographer where I learn and develop many skills that I transfer into my roles as a Runner or Assistant within the broadcast and television industry. Here are a few of these roles I have classified as 'web & digital' roles.

### WORK EXPERIENCE (WEB & DIGITAL)

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#### **TikTok / VIDSY**

April 2020

TikTok is a social media platform that uses video as its primary medium. With primarily a young audience, they wanted to branch out creating education 'how to' videos to draw a wider audience. For this brief my client was Vidsy (the agency). I delivered multiple half a dozen videos across 3 different campaigns. Includes everything from conceptualising and storyboarding to directing and editing.

[View sample.](#)

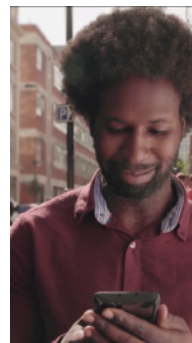


#### **Barclays / VIDSY**

October 2019

Working again with Vidsy the brief involved creating a collection of videos that would be used for targeted ads supporting a wider campaign that would show off new features in the Barclays App.

[View sample.](#)



#### **Multiple Campaigns / City to Sea**

Multiple 2019 - Present

City to Sea are an environmental campaigning company that I used to work for as their Marketing Manager. Since going freelance I have worked on a number of video campaigns for them including [Plastic Free Periods](#), their National tap water campaign [Refill](#) and more recently they [#ContactlessCoffee](#) campaign. I also had the opportunity to create [this World Oceans Day video](#) in 2019.

You can view my 2019 [showreel here](#) and I'm more than happy to provide references for the above work on request.

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